

# Three Sheets in the Wind

THE MONTHLY NEWSLETTER OF THE LITTLE SHIPS FLEET YACHT CLUB  
(ESTABLISHED IN 1937)  
233 N. MARINA DRIVE, LONG BEACH, CALIF 90803



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## Commodore's Report

*Chris Layne*



### Greetings LSFYC family!

Sailing has been a part of the modern Olympic Games for over a century! Sailing made its Olympic debut at the 1900 Paris Games and how crazy is it that in the 2024 Paris Games, it's still around? The initial event featured ten different classes, but due to logistical issues, the races were spread across several locations and dates, making the competition somewhat chaotic. Due to this chaos, the next few Olympic Games chose not to include sailing, however, by the 1930's, it was back as an estab-

lished sport!

Today, Olympic sailing consists of ten events, featuring a variety of boat classes and formats that test the versatility and skill of sailors. The history of sailing in the Olympics is a testament to the sport's enduring appeal and its ability to adapt and evolve over time. From its chaotic beginnings in 1900 to the highly organized and technologically advanced competitions of today, Olympic sailing continues to captivate audiences and inspire sailors around the world. As the sport moves forward, it remains a dynamic and integral part of the Olympic tradition.

Team USA is performing admirably in the sailing events at the 2024 Paris Olympics. The sailing competitions are taking place in Marseille, a renowned venue for its challenging sailing conditions. The team is represented by 14 sailors from various states, including California, Florida, and Minnesota, competing in multiple categories

**CALLING ALL BOAT OWNERS!** We need help with race committee boats! It's a great way for all boat owners to get on the water and host an exciting adventure for a few hours. It's also a great way for members to come out and enjoy the camaraderie of a race where we, as a club, open our doors to racing teams from our local waters.

Hosting races is an important part of being a yacht club. I really want to encourage members to come and celebrate with the racers after they cross the finish line. We always host a BBQ unch for the sailors and have a good time once the hard work is done and it's a fun way to meet other members of our yachting community.

If you have any questions or any desire to participate in any capacity for one of our races, please feel free to contact me at: [layne83@gmail.com](mailto:layne83@gmail.com)

Cheers,

**Chris Layne**

*LSFYC Commodore*

*Fleet Captain*



## **Vice Commodore's Report**

**Lara Arambula**



### **Ahoy Little Shippers!...**

#### **Luau Success!**

A huge thank you to everyone who attended and supported our recent Luau! The event was a tremendous success, and we raised significant funds for our racing program. Special thanks to Comm **Chris Layne** for an outstanding pig roast that made the evening unforgettable. Your support and enthusiasm are greatly appreciated! (see photos page 6)

#### **Offshore Race #2 – August 24!**

Mark your calendars for LSFYC Offshore Race #2 on August 24. We need volunteers for the race committee boat to ensure the event runs smoothly. In addition, there will be a BBQ following the race. If you can help with either the race committee or the BBQ, please contact Chris at [layne83@gmail.com](mailto:layne83@gmail.com), Dominic at [domarcelin@gmail.com](mailto:domarcelin@gmail.com) or Frank Franco at [lsfyclub@gmail.com](mailto:lsfyclub@gmail.com). Let's make this race another memorable event!

#### **Seeking Rear Commodore Candidates for 2025!**

As we have enjoyed some success this year, we would like to continue the success for the next year 2025. So we are now soliciting candidates for the position of **Rear Commodore** for the 2025 term. If you are interested in contributing to the leadership and success of our club, or if you know someone who would be a great fit, please reach out to any of our current Flag officers including Chris Layne at [layne83@gmail.com](mailto:layne83@gmail.com), Lara Arambula at [tkt2fly@yahoo.com](mailto:tkt2fly@yahoo.com) or Dominic Arcelin at [domarcelin@gmail.com](mailto:domarcelin@gmail.com). The sooner the better! Your involvement is crucial for the continued growth and vibrancy of our club.

#### **Clean the Bay Day – September 14!**

Join us for Clean the Bay Day on September 14! This is a fantastic opportunity to give back to our community and help keep our local waterways pristine. Volunteers are needed to assist with cleanup efforts. We meet at the shed around 8:30am for a quick overview and then we hit the water in small groups. With good attendance and if applicable, there will be prizes awarded for the most trash collected and most interesting item retrieved. Save the date and be on the lookout for a flyer and RSVP closer to the event.

#### **Cabrillo Beach YC Land Cruise – September 21**

Don't miss the Cabrillo Beach Yacht Club Land Cruise on September 21. It's a wonderful chance to connect with fellow members and enjoy an afternoon and evening of social activities at the beautiful CBYC. Be sure to mark your calendar for this exciting event and RSVP when the flyer goes out later next month.

**Lara Arambula**

*LSFYC Vice Commodore*

*"Carpe Diem"*



## **Rear Commodore's Report**

***Dominic Arcelin***



### **Ahoy Little Shippers!**

July was a great month and I hope everyone had a wonderful 4th of July holiday. Between the Beat the Heat race and our Luau night we got to see tons of you down at the shed getting involved. Thanks again to Chris for roasting the pig, it was one of the best events I've had the pleasure of attending as an LSFYC member. July also brought with it two new members to the club! Let's all welcome **Noura Bishay** (page 6) , who some of you met at the Luau, and **Loren Herbst!** Can't wait to see you both down at the

shed.

LSFYC's last sponsored race (Offshore Race #2) of the year is **Saturday, August 24th**. It is the last time this summer you will have the opportunity to hop on the committee boat and cheer on our members as they head offshore to battle it out on the high seas! Please reach out to Chris Layne, Frank Franco, Lara Arambula, or myself if you have interest in getting involved. To celebrate a great season of racing we will also be hosting an after race BBQ at The Shed as well! Let's show the visiting crews from the racing boats some LSFYC hospitality and enjoy a beautiful Saturday on the bay. If any of you members want to get involved with helping out with the BBQ please reach out to Chris Layne, Frank Franco, Lara Arambula, Tracie Ichikawa, or myself.

As mentioned earlier, it's time to start thinking about who will be **Rear Commodore** in 2025. I would invite everyone to take a look at our [member's page](#) on lsfyc.org. If you have not already received the password, please reach out to S/C Frank Franco (lsfyclb@gmail.com) , or any of the flag officers and we can provide you with it. If you aren't familiar with our website, this page gives you access to some critical information about our club. The member roster, some historical information, but more importantly our **Club Bylaws**. This is a great place to start if you're curious about getting more involved with the club, or becoming our next Rear Commodore!

In addition to the bylaws, I would love to answer any questions you might have about my experience so far as the LSFYC Rear Commodore, as well as what I've learned and what's expected of flag officers in the club. I hope to hear from those of you who are interested!

Finally, I want to invite all of you Little Shippers to our next **Movie Night Saturday August 31st!** This time around it is going to be a joint affair with NYCLB. We will be screening *Three Amigos!* on the lawn at NYC as soon as the sun goes down. Bring blankets, chairs, movie snacks, and be ready to laugh! Please reach out if you have questions, or are interested in helping out. Stay tuned for flyers and calendar updates. Not only for Movie Night, but for all of our upcoming events.

As the nights get warmer, I hope to see more and more of you coming down. More information is available on the LSFYC Instagram [@liittleshipsfleetyc](#) and our facebook page <https://www.facebook.com/LSFYC/>

Hope to see everyone soon,

***Dominic Arcelin***

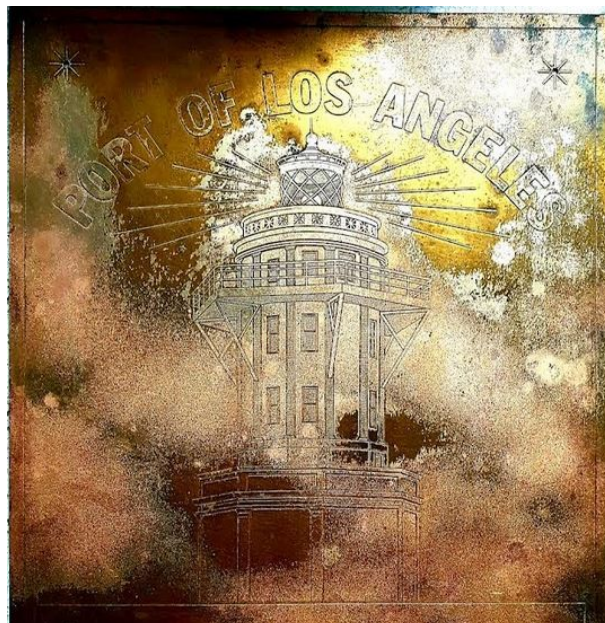
## Tracie on the bay

*By Tracie Ichikawa*

When you spend enough time in Alamitos Bay like I do, you get to know a lot of the locals. Sometimes you'll meet them walking, sometimes it's just somebody who has a question, sometimes you meet people when you go in to business places that are in the Marina such as Seacoast Yacht Sales.

That's where I met Brian. Brian lives on Dock 11. He and his dog Sirena used to walk in the Marina and I would see them pretty much every day at Seacoast. At first I was scared to death of Sirena because she looks so scary and my dog was small. Over time I realized that she was just a big sweetheart. And then one day Tim told me he had sad news. He said, Brian had lost Sirena. When I finally caught up with Brian it had been almost a year. I wanted to do something to make him feel better so I painted him a tree (see below).

Every day people stop to look at the tree and some people walk by and don't even see her there because she blends in like she's a part of the tree, and she really is. To thank me Brian gave me so many things and one of those things this Historic Angel's Gate plaque (below) . A long time ago if you made the long journey across the Pacific you got one once you hit the Port of Los Angeles. What a great gift!!! It's to bad folks don't do things like that anymore. Anyway, Brian gave me a part of history and now it is proudly displayed in my kitchen as a conversation starter. Like Brian who walks everyday to see Sirena, everyday I walk by the plaque he gave me and I think of him. I'm thankful for our friendship and so happy to have him around to make me laugh.



*Editors note:*

*Again, Tracie, our talented in-house artist, is seeking subjects to paint portraits from your favorite photos of your pets. If you are interested please contact her at: [tracie.ichi@gmail.com](mailto:tracie.ichi@gmail.com)*

## Race Committee boat views & blues

By S/C Frank Franco

The LSFYC *Beat the Heat* Race was Saturday July 13 and the outlook for the race even happening was doubtful as there were too few boats entered and I had no crew for the Committee boat on *Cantamar*. My earlier solicitation for crew help (deck hands) yielded no takers and the race was in danger of being cancelled. However, upon a late Friday last minute desperate phone call to V/C **Lara Arambula**, she agreed to be there and help out even though there was a prior commitment. I also got volunteer help from S/C **Roy Queen** to step in for the task, as well

So after picking Roy from his home in Lakewood, we arrived at the boat to prepare to leave for the shed. Arriving at the long dock, we found Lara, husband **Lou** and daughter **Lucy** at the shed ready to go. Also showing up was **Dick Martin**, who being the Principal Race Officer (PRO) was essential to the day as he conducted the race per the proper procedures. With all present we loaded the boat with all of the race gear, poles, flags, and horn needed to conduct the race. I fired up the boat and we left to head up the channel out of the marina to the start line.

Now the usual start line for LSFYC races is between the Mark 38 buoy (located near oil island Chaffee) and the anchored RC boat with the race starting at 12 noon. The Race Committee boat procedure is to set up (anchor) by 11 am to allow the boats to check in and prepare for the start. By utilizing a series of numbered flags and horn toots, the RC boat announces to the racers the course to follow.

However, when rounding the jetty and turning toward Mark 38, we saw that there was another race preparing to start as evident by about 30 boats circling around the mark! #@\$\*+### An annoyance, but not a problem!

OK, so this meant that we could not start at Mark 38 and need to set up another remote start line. We do this by dropping/anchoring a "pin" which is a pole with a LSF flag as a substitute for the Mark 38, but moved away from Mark 38 to some distance away. The problem was that we did not bring the pin with us...which meant that we had to go *back* to the shed to get the pin. #@\$\*+### An annoyance, but not a problem!

But as I turned the boat around and head back toward the jetty and the shed, the right engine dies and refuses to restart! #@\$\*+### "An annoyance...", I tell all, "*but not a problem because we have 2 engines*"...one as a "spare". As each engine produces 250hp, proceeding on just one is adequate to complete the task for the day.

Back at the dock, while the others go get the pin from the shed, I looked at the faulty engine to determine the problem. It turned out that a hose clamp to the engine cooling water had broken causing a hose to break free and squirt water over the engine. A sensor in the system indicated a loss of water pressure and shut down the motor...an easy fix but not today (it has since been fixed and engine now OK).

Loaded up with the pin we headed back out the channel to the start area to see that there were still boats at Mark 38. We then spent some time looking (away from Mark 38) for an appropriate spot to drop and anchor the pin. After having done that and turning back to Mark 38 we see that the boats are now...gone! We find out later that this was a LBYC Catalina Race which started at 11 am.

Now having Mark 38 free, we decided to set the original start line at Mark 38 (despite having already dropped the pin) and proceeded to set (with help from Lou) the anchor of the boat. The time then is close to 12 noon and the boats (there were only 3) are arriving to check in. After Lucy and Lara helped Dick check in the boats and help with display of the various flags, the race commenced and the boats took off.

Since the finish line was inside the marina by the long dock, there was no need for us to stick around and we hoisted anchor and headed toward the pin for retrieval...except we could not see it. But thanks to eagle eye Lucy, we spotted the pin and Lou and Roy hauled it aboard and headed back to the shed to unload.

After unloading the gear, I thanked the Arambula family (**Lara, Lou and Lucy**) for their time and help in making this event happen. It was exciting and fun. They did a "L" of great job!

See photos page 7

# Photos-Luau



Free tropical drinks!



Chris and friend



The Arambulas



Frank Geiger and Lou



Frank & Lara



New member Naoura Bishay with Elena



## Photos-race



Roy, Lara, Frank and Dick waiting for the boats to start



The 3 racers arriving for the race.



Roy and Lou retrieving the pin



# AUGUST, 2024



SUN	MON	TUE	WED	THU	FRI	SAT
				1	2 FRIDAY AT THE SHED	3
4	5	6	7	8	9 FRIDAY AT THE SHED	10 OFFO
11	12	13	14	15	16 FRIDAY AT THE SHED	17
18	19	20	21	22	23 FRIDAY AT THE SHED	24 LSFYC OFFSHORE-RACE #2/BBQ
25	26	27	28	29	30 FRIDAY AT THE SHED	31 MOVIE NITE





# Little Ships Fleet YC OFFSHORE RACE #2 AUGUST 24, 2024

POST-RACE FOOD AND DRINKS AT THE SHED  
DETAILS AND REGISTRATION AT [LSFYC.ORG](http://LSFYC.ORG)

## [2024 LSFYC Bridge](#)

### OPERATIONS STAFF

*Commodore: Chris Layne*

*Vice Commodore: Lara Arambula*

*Rear Commodore: Dominic Arcelin*

*Treasurer: Robert Hughes*

*Fleet Captain: Chris Layne*

*Port Captain : Tracie Ichikawa*

*Secretary: Sharmone La Rose*

### BOARD OF DIRECTORS

*Jr. S/C Moti Cohen-Doron*

*Director: S/C Rob Sonz*

*Director: S/C Frank Franco*

*Director: Dick Martin*

*Director: Elena Yuasa*

*Director: Frank Geiger*

### OTHER CONTACTS

*Newsletter: S/C Frank Franco*

*Webmaster: S/C Ben Smith*